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We claim:

1. A method for treating headache in an individual, comprising:

administering to the individual an effective amount of a humanized monoclonal anti-Calcitonin Gene-Related Peptide (CGRP) antagonist antibody, comprising:

two human IgG heavy chains, each heavy chain comprising three complementarity determining regions (CDRs) and four framework regions, wherein portions of the two heavy chains together form an Fc region; and

two light chains, each light chain comprising three CDRs <sup>30</sup> and four framework regions;

wherein the CDRs impart to the antibody specific binding to a CGRP consisting of amino acid residues 1 to 37 of SEQ ID NO:15 or SEQ ID NO:43.

- 2. The method of claim 1, wherein the antibody is formulated with a pharmaceutically acceptable carrier, excipient, or stabilizer.
- 3. The method of claim 1, wherein the antibody is administered systemically, intravenously, subcutaneously, intramuscularly, or transdermally.
- **4**. The method of claim **1**, wherein the antibody is administered intravenously or subcutaneously.
- 5. The method of claim 1, wherein the headache is a migraine with or without aura, hemiplegic migraine, cluster headache, migrainous neuralgia, chronic headache, or tension headache.
- **6.** The method of claim **1**, wherein the headache is a migraine.
- 7. The method of claim 1, wherein the antibody is administered at a dose of at least 3 µg/kg.

- **8**. The method of claim **1**, wherein constant regions of the IgG heavy chains are IgG1 constant regions.
- 9. The method of claim 8, wherein the CDRs impart to the antibody specific binding to a fragment of the CGRP comprising amino acid residues 8 to 37 of SEQ ID NO:15.
- 10. The method of claim 8, wherein the CDRs of the humanized monoclonal antibody are derived from mouse, rat, or rabbit CDRs.
- 11. The method of claim 1, wherein constant regions of the IgG heavy chains are IgG2 constant regions.
- 12. The method of claim 11, wherein the CDRs impart to the antibody specific binding to a fragment of the CGRP comprising amino acid residues 8 to 37 of SEQ ID NO:15.
- 13. The method of claim 11, wherein the CDRs impart to the antibody specific binding to a fragment of the CGRP comprising amino acid residues 33 to 37 of SEQ ID NO:15.
- **14.** The method of claim **11**, wherein the CDRs of the humanized monoclonal antibody are derived from mouse, rat, or rabbit CDRs.
- 15. The method of claim 1, wherein constant regions of the IgG heavy chains are IgG4 constant regions.
- 16. The method of claim 15, wherein the CDRs impart to the antibody specific binding to a fragment of the CGRP comprising amino acid residues 8 to 37 of SEQ ID NO:15.
- 17. The method of claim 15, wherein the CDRs of the humanized monoclonal antibody are derived from mouse, rat, or rabbit CDRs.
- 18. The method of claim 15, wherein a constant region of the antibody comprises a mutation in an oligosaccharide attachment amino acid residue that is part of an N-glycosylation recognition sequence in the constant region.

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